**BEST LIFE REFLECTIONS AND PRIORITIES**

**What priority reflects the commitment that you are making to change in order to live your best life?**

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**What does this mean to you?**

Capture your notes and ideas on areas for improvement, actions, targets and what this priority means to you and your future.

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**Describe your priority:**

What priority reflects the commitment that you are making to change to make a positive difference in living your best life?

Capture your notes and insights on what is surfacing as your priority. At this stage strive for progress not perfection and a rough draft is all you need.

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